

Southern Regional Girls Lacrosse

SUMMER WORKOUTS!!

Are you willing to put in the extra time?

It starts today!

#ASouth #SCT #STATES

Workouts will start Monday nights July 6th: 6 – 730 Middle School Fields

Tuesday and Thursdays Donahue's 7 am – 9 am

Thursday Mornings 9am – 10am Stick work!

Southern Regional Lacrosse camp 2nd – 9th grades July 13th – 16th Camp 9 – 12(Volunteer)

Don't forget

Stockton Camp July 20th – 22nd 6 pm – 9 pm

Monmouth University Camp

Week 1 Day Camp 6/29 - 7/2 9:00am - 3:00pm All Ages & Levels \$240

Session 1 Elite Night Showcase 6/28 6:00pm – 8:00pm Grades 9-12 \$50

Session 2 Elite Night Showcase 6/29 6:00pm – 8:00pm Grades 9-12 \$50

Session 3 Elite Night Showcase 6/30 6:00pm – 8:00pm Grades 9-12 \$50

Session 3A Elite Night Showcase 6/28 – 6/30 6:00pm – 8:00pm Grades 9-12
\$125 for all 3 nights

FDU Camp July 13th – 16th Camp \$425 Sleeper \$325 Commuter