

TRAIN TO SUCCEED T3 LACROSSE

Your year round source for girls & boys lacrosse in New Jersey.



T3 Summer Programs - Registration Now Open!

Programming varies by location. Please scroll down to each location below to view our summer training for each site!

All program details & online registration can be found on our T3 website WWW.T3LACROSSE.COM

Basking Ridge

Astor Fields

To register online & read class description please click Session 1 or Session 2 link!

Mini LaXers - Girls and Boys PreK - 2nd Grade

Session1: Mondays July 1, 8, 15, 22

Session2: Mondays July 29, Aug 5, 12, 19

Time: 4:00 - 5:00pm [Session 1](#) / [Session2](#)

Girls Training Classes - MS - HS Girls

Session1: Mondays July 1, 8, 15, 22

Session2: Mondays July 29, Aug 5, 12, 19

Intensive Stick Skills/Footwork Training

Time:MS:4:00-5:00pm,HS:5:00-6:00pm [Session 1](#) / [Session 2](#)

Offensive Concepts and Technical Skills

Time:MS: 5:00-6:00pm,HS:4:00 -5:00pm [Session 1](#) / [Session](#)

[2](#)

Advanced Tactical Training

Time:MS:4:00-5:00pm,HS 5:00-6:00pm [Session 1](#) / [Session](#)

[2](#)

Goalie Training Session

Choose your type of training:



Summer Training by location:

Time:MS: 4:00-5:00pm, HS: 5:00-6:00pm [Session 1](#) / [Session 2](#)

Girls Summer Leagues

3rd/4th Grade League

Dates: Mondays, June 10, 17, 24, July 1, 8, 15, 22, 29

Times: 5:00 - 6:30 (The hour and a half will be a combination of skills and scrimmaging. A 30-minute practice session will be held before scrimmage)

Details / Registration: [Here](#)

Middle School League

Dates: July 8, 15, 22, 29, August 5, 12

Time: 5:00 - 6:30pm (The hour and a half will be a combination of skills and scrimmaging. A 30-minute practice session will be held before scrimmage)

Details / Registration: [Here](#)

High School League

Dates: Mondays July 8, 15, 22, 29 August 5, 12

Time: 6:30 - 8:00pm (The hour and a half will be a combination of skills and scrimmaging. A 30-minute practice session will be held before scrimmage)

Details / Registration: [Here](#)

Basking Ridge Adult Women's League

Dates: Mondays, June 10, 17, 24, July 1, 8, 15, 22, 29

Times: 6:30 - 7:30pm

Registration: [Practices Only](#) / [Practices and Tournament](#)

Summer Camps

Players will be grouped by skill level after first day evaluation. Daily schedule includes a combination of skills and drills along with game strategy. Each day concludes with game play.

Individual and team concepts are taught by highly qualified coaches with DI, DII, and DIII playing experience.

Basking Ridge Girls Lacrosse Camp July 15 - 18th

Grades: 3rd - 9th 9:00am - 1:00pm [Register](#)

PreK - 2nd 9:00am - 11:00am [Register](#)

Basking Ridge Lacrosse & Field Hockey Camp July 22-

25th Grades: 3rd - 9th 9:00 - 1:00pm

Field Hockey Only [Register](#)

Lacrosse Only [Register](#)

Field Hockey Lacrosse Combo [Register](#)

Click One!



**Team Registration
Open!**

*Scroll down to view our
upcoming T3 events!*

Grades: PreK - 2nd 9:00am - 11:00am
Lacrosse Only [Register](#)

Flemington

HealthQuest

To register online & read descriptions please click registration link

Girls Training Classes - MS - HS Girls

Dates: Tuesday July 9, 16, 23, 30, August 6

Intensive Stick Skills/Footwork Training

Time: 5th/6th Grade 4:00 - 5:00pm [Register](#)

7th/8th Grade 5:00 - 6:00pm [Register](#)

High School 5:00 - 6:00pm [Register](#)

Girls 3rd/4th Grade Clinic

Dates: Tuesday July 9, 16, 23, 30, August 6

Time: 4:00 - 5:00pm [Register](#)

Girls Summer Camp

Players will be grouped by skill level after first day evaluation. Daily schedule includes a combination of skills and drills along with game strategy. Each day concludes with game play.

Individual and team concepts are taught by highly qualified coaches with DI, DII, and DIII playing experience.

HealthQuest Field Hockey & Lacrosse Camp July 15 - 19th

Grades: 3rd - 9th 9:30am - 2:30pm

Field Hockey Only [Register](#)

Lacrosse Only [Register](#)

Field Hockey and Lacrosse Combo [Register](#)

Grades: PreK - 2nd 9:30am - 11:30am

Lacrosse Only [Register](#)

Franklin Lakes

To register online & read description please click registration link

Youth Fest



7v7 Festival Style Event

April 20th, 2013

Basking Ridge, NJ

Girls Divisions: 3rd - 8th Grade

Website: [HERE](#)

Team Registration: [HERE](#)

Ridge Classic



Full Field Youth Championship

May 19th, 2013

Basking Ridge, NJ

Girls Divisions: 3rd - 8th Grade

Website: [HERE](#)

Team Registration: [HERE](#)

Jersey Shore Best of the Beach



Boys & Girls Full Field Championship Showcase

July 5th, 6th & 7th

Central Regional HS, Bayville NJ

Middle School Divisions
2017, 2018, 2019/2020, 20212
(boys only)

Girls Training Classes - MS - HS

Dates: Wednesday July 10, 17, 24, 31, August 7

Intensive Stick Skills/Footwork Training

Time: 5th/6th Grade 4:00 - 5:00pm [Register](#)

7th/8th Grade 5:00 - 6:00pm [Register](#)

High School 5:00 - 6:00pm [Register](#)

Girls 3rd/4th Grade Clinic

Dates: Wednesday July 10, 17, 24, 31, August 7

Time: 4:00 - 5:00pm [Register](#)

Manasquan

The Atlantic Club

Girls Training Classes- MS - HS

Session1: Mondays July 1, 8, 15, 22

Session2: Mondays July 29, Aug 5, 12, 19

Intensive Stick Skills/Footwork Training

Times:MS:4:00-5:00pm HS:5:00 -6:00pm [Session 1](#) / [Session](#)

[2](#)

Offensive Concepts and Technical Skills

Times:MS 5:0 -6:00pm HS: 4:00-5:00pm [Session1](#) / [Session2](#)

Advanced Tactical Training

Times:MS 4:00 - 5:00pm, HS 5:00 -

6:00pm [Session1](#) / [Session2](#)

Girls Lacrosse 101

Times:MS 5:00-6:00pm, HS 5:00-6:00pm [Session 1](#) / [Session 2](#)

Goalie Training Session

Times:MS 4:00 - 5:00pm, HS 5:00-6:00pm [Session 1](#) / [Sesssion2](#)

Girls Summer Leagues

Middle School League

Dates: Mondays, July 8, 15, 22, 29, August 5, 12

Time: 5:00 - 6:30pm (The hour and a half will be a combination of skills and scrimmaging. A 30-minute practice session will be held before scrimmage)

Details / Registration: [Here](#)

High School League

Dates: Mondays, July 8, 15, 22, 29, August 5, 12

Time: 6:30 - 8:00pm (The hour and a half will be a combination of

Friday July 5th - 1 game, after 4pm

Saturday July 6th - 3 games & playoffs

High School Divisions

2014, 2015, & 2016

Saturday July 6th - 1 game, after 4pm

Sunday July 7th - 3 games & playoffs

Website: [HERE](#)

Team Registration: [HERE](#)

T300



Saturday June 1st

Charleston, SC

T300 Showcase

Top southeast area high school players are invited to a one-day recruiting exhibition/combine which includes a core teaching component.

Instruction will be provided by coaches from some of the most reputable girls' collegiate lacrosse programs in the country!

Showcase website: [HERE](#)

T300 Youth Event

Saturday will consist of a one-day youth team tournament for girls graduation years 2017-2020. Each team will receive 3 full field games, 40 minutes each, with opportunity for playoffs!

Youth Event website: [HERE](#)

skills and scrimmaging. A 30-minute practice session will be held before scrimmage)

Details / Registration: [Here](#)

Manasquan Adult Women's League

Dates:

Mondays, June 10, 17, 24, July 1, 8, 15, 22, 29

Times: 6:30 - 7:30pm

Registration: [Practices Only](#) / [Practices and Tournament](#)

Summer Camps

Players will be grouped by skill level after first day evaluation. Daily schedule includes a combination of skills and drills along with game strategy. Each day concludes with game play.

Individual and team concepts are taught by highly qualified coaches with DI, DII, and DIII playing experience.

Manasquan Lacrosse Camp July 22nd - 26th

Grades: 3rd - 9th 9:30am - 2:30pm [Register](#)

PreK - 2nd 9:30am - 11:30pm [Register](#)

Wayne

DePaul High School

Summer Camp

T3 camps are appropriate for beginners through advanced players. Players will be grouped by skill level after first day evaluation. Daily schedule includes a combination of skills and drills along with game strategy. Each day concludes with game play.

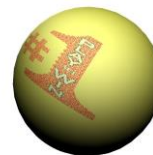
Individual and team concepts are taught by highly qualified coaches with DI, DII, and DIII playing experience.

Wayne Summer Camp July 29th - August 1

Grades: 3rd - 9th Grade 3rd - 9th

Time: 9:00am - 1:00pm [Register](#)

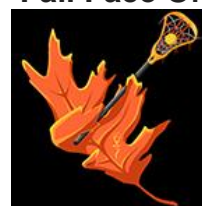
Play to Win



October 20th, Central Regional HS

Team Registration Opening Soon!

Fall Face Off



November 16th & 17th
Diamond Nation, Flemington NJ

Girls Lacrosse Showcase Event & Youth Tournament

Girls Divisions: 2014 - 2020
(SOLD OUT) To be placed on wait list - [HERE](#)

Tournament website - [HERE](#)

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Follow us on 

Think Like a Champion, Train Like a Champion, Play Like a Champion!

WWW.T3LACROSSE.COM

Info@t3lacrosse.com

908-766-4664