

T3 Summer Programs

For a limited time only, T3 is offering 10% off all summer camp registration until May10!! Camp spots are limited so please register early!

Programming varies by location. Please scroll down to each location below to view our summer training for each site!

All program details & online registration can be found on our T3 website
WWW.T3LACROSSE.COM

Basking Ridge

Astor Fields

To register online & read class description please click [Session 1](#) or [Session 2](#) link!

Mini LaXers - Girls and Boys PreK - 2nd Grade

Session1: Mondays July 1, 8, 15, 22

Session2: Mondays July 29, Aug 5, 12, 19

Time: 4:00 - 5:00pm [Session 1](#) / [Session2](#)

Girls Training Classes - MS - HS Girls

Session1: Mondays July 1, 8, 15, 22

Session2: Mondays July 29, Aug 5, 12, 19

Intensive Stick Skills/Footwork Training

Time:MS:4:00-5:00pm,HS:5:00-6:00pm [Session 1](#) / [Session 2](#)

Offensive Concepts and Technical Skills

Time:MS: 5:00-6:00pm,HS:4:00 -5:00pm [Session 1](#) / [Session](#)

[2](#)

Advanced Tactical Training

Time:MS:4:00-5:00pm,HS 5:00-6:00pm [Session 1](#) / [Session](#)

[2](#)

Goalie Training Session

Time:MS: 4:00-5:00pm, HS: 5:00-6:00pm [Session 1](#) / [Session](#)

[2](#)

Girls Summer Leagues

3rd/4th Grade League

Dates: Mondays, July 8, 15, 22, 29, August 5, 12

Times: 6:00 - 7:30 (The hour and a half will be a combination of skills and scrimmaging. A 30-minute practice session will be held before scrimmage)

Details / Registration: [Here](#)

Middle School League

Dates: July 8, 15, 22, 29, August 5, 12

Time: 5:00 - 6:30pm (The hour and a half will be a combination of skills and scrimmaging. A 30-minute practice session will be held before scrimmage)

Details / Registration: [Here](#)

High School League

Dates: Mondays July 8, 15, 22, 29 August 5, 12

Time: 6:30 - 8:00pm (The hour and a half will be a combination of skills and scrimmaging. A 30-minute practice session will be held before scrimmage)

Details / Registration: [Here](#)

Basking Ridge Adult Women's League

Dates: Mondays, June 10, 17, 24, July 1, 8, 15, 22, 29

Times: 6:30 - 7:30pm

Registration: [Practices Only](#) / [Practices and Tournament](#)

Summer Camps

10% off registration until May 10th!

Players will be grouped by skill level after first day evaluation. Daily schedule includes a combination of skills and drills along with game strategy. Each day concludes with game play.

Individual and team concepts are taught by highly qualified coaches with DI, DII, and DIII playing experience.

Basking Ridge Girls Lacrosse Camp July 15 - 18th

Grades: 3rd - 9th 9:00am - 1:00pm [Register](#)

PreK - 2nd 9:00am - 11:00am [Register](#)

Basking Ridge Lacrosse & Field Hockey Camp July 22-25th

Grades: 3rd - 9th 9:00 - 1:00pm

Field Hockey Only [Register](#)

Lacrosse Only [Register](#)

Field Hockey Lacrosse Combo [Register](#)

Grades: PreK - 2nd 9:00am - 11:00am

Lacrosse Only [Register](#)

Flemington

HealthQuest

To register online & read descriptions please click registration link

Girls Training Classes - MS - HS Girls

Dates: Tuesday July 9, 16, 23, 30, August 6

Intensive Stick Skills/Footwork Training

Time: 5th/6th Grade 4:00 - 5:00pm [Register](#)

7th/8th Grade 5:00 - 6:00pm [Register](#)

High School 5:00 - 6:00pm [Register](#)

Girls 3rd/4th Grade Clinic

Dates: Tuesday July 9, 16, 23, 30, August 6

Time: 4:00 - 5:00pm [Register](#)

Girls Summer Camp

10% off registration until May 10th!

Players will be grouped by skill level after first day evaluation. Daily schedule includes a combination of skills and drills along with game strategy. Each day concludes with game play. Individual and team concepts are taught by highly qualified coaches with DI, DII, and DIII playing experience.

HealthQuest Field Hockey & Lacrosse Camp July 15 - 19th

Grades: 3rd - 9th 9:30am - 2:30pm

Field Hockey Only [Register](#)

Lacrosse Only [Register](#)

Field Hockey and Lacrosse Combo [Register](#)

Grades: PreK - 2nd 9:30am - 11:30am

Lacrosse Only [Register](#)

Franklin Lakes

To register online & read description please click registration link

Girls Training Classes - MS - HS

Dates: Wednesday July 10, 17, 24, 31, August 7

Intensive Stick Skills/Footwork Training

Time: 5th/6th Grade 4:00 - 5:00pm [Register](#)

7th/8th Grade 5:00 - 6:00pm [Register](#)

High School 5:00 - 6:00pm [Register](#)

Girls 3rd/4th Grade Clinic

Dates: Wednesday July 10, 17, 24, 31, August 7
Time: 4:00 - 5:00pm [Register](#)

Manasquan

The Atlantic Club

Girls Training Classes- MS - HS

Session1: Mondays July 1, 8, 15, 22

Session2: Mondays July 29, Aug 5, 12, 19

Intensive Stick Skills/Footwork Training

Times:MS:4:00-5:00pm HS:5:00 -6:00pm [Session 1](#) / [Session 2](#)

Offensive Concepts and Technical Skills

Times:MS 5:0 -6:00pm HS: 4:00-5:00pm [Session1](#) / [Session2](#)

Advanced Tactical Training

Times:MS 4:00 - 5:00pm, HS 5:00 - 6:00pm [Session1](#) / [Session2](#)

Girls Lacrosse 101

Times:MS 5:00-6:00pm, HS 5:00-6:00pm [Session 1](#) / [Session 2](#)

Goalie Training Session

Times:MS 4:00 - 5:00pm, HS 5:00-6:00pm [Session 1](#) / [Sesssion2](#)

Girls Summer Leagues

Middle School League

Dates: Mondays, July 8, 15, 22, 29, August 5, 12

Time: 5:00 - 6:30pm (The hour and a half will be a combination of skills and scrimmaging. A 30-minute practice session will be held before scrimmage)

Details / Registration: [Here](#)

High School League

Dates: Mondays, July 8, 15, 22, 29, August 5, 12

Time: 6:30 - 8:00pm (The hour and a half will be a combination of skills and scrimmaging. A 30-minute practice session will be held before scrimmage)

Details / Registration: [Here](#)

Manasquan Adult Women's League

Dates:

Mondays, June 10, 17, 24, July 1, 8, 15, 22, 29

Times: 6:30 - 7:30pm

Registration: [Practices Only](#) / [Practices and Tournament](#)

Summer Camps

10% off registration until May 10th!

Players will be grouped by skill level after first day evaluation. Daily schedule includes a combination of skills and drills along with game strategy. Each day concludes with game play. Individual and team concepts are taught by highly qualified coaches with DI, DII, and DIII playing experience.

Manasquan Lacrosse Camp July 22nd - 26th

Grades: 3rd - 9th 9:30am - 2:30pm [Register](#)
PreK - 2nd 9:30am - 11:30pm [Register](#)

Wayne

DePaul High School

Summer Camp

10% off registration until May 10th!

T3 camps are appropriate for beginners through advanced players. Players will be grouped by skill level after first day evaluation. Daily schedule includes a combination of skills and drills along with game strategy. Each day concludes with game play. Individual and team concepts are taught by highly qualified coaches with DI, DII, and DIII playing experience.

Wayne Summer Camp July 29th - August 1

Grades: 3rd - 9th Grade 3rd - 9th
Time: 9:00am - 1:00pm [Register](#)