

# SRHS RAMS GYMNASTICS

## 2014-2015

### ★ ROSTER ★

Courtney Tierney, **Captain**

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Megan Hill

Emily Guido

Marissa Maw

Alissa Parker

Erica Schmitt

Logan Burkhardt

Catherine Chirichillo

Jenny Fay

Ashley Hemenway

Olivia Lattanzi

Samantha Laubach

Emily Neluna

Kristina Raylman

Trinity Rodgers

Gianna Dellaperute

Noelle Englebert

Kaitlyn Grayson

Emily Navarro

Sarah Possidel

Autumn Shackleton

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### **Managers**

Alicia Ortiz

Daniella Thom

# SRHS RAMS GYMNASTICS

## LETTER WINNERS

### Junior Varsity

<u>ATHLETE</u>	<u>CLASS</u>	<u>JR. VARSITY YEARS</u>
Emily Guido	Junior	2
Marissa Maw	Junior	1
Alissa Parker	Junior	2
Logan Burkhardt	Sophomore	1
Catherine Chirichillo	Sophomore	2
Emily Neluna	Sophomore	2
Trinity Rodgers	Sophomore	1
Alicia Ortiz	Sophomore	1
Daniella Thom	Sophomore	1
Shelby Bair	Freshman	1
Gianna Dellaperute	Freshman	1
Kaitlyn Grayson	Freshman	1
Emily Navarro	Freshman	1

# SRHS RAMS GYMNASTICS

## LETTER WINNERS

### Varsity

<u>ATHLETE</u>	<u>CLASS</u>	<u>VARSITY YEARS</u>
Megan Hill	Senior	4
Courtney Tierney	Senior	4
Erica Schmitt	Junior	3
Jenny Fay	Sophomore	2
Ashley Hemenway	Sophomore	2
Olivia Lattanzi	Sophomore	2
Samantha Laubach	Sophomore	2
Kristina Raylman	Sophomore	2
Noelle Englebert	Freshman	1
Sarah Possidel	Freshman	1
Autumn Shackleton	Freshman	1

# SRHS RAMS GYMNASTICS

## AWARDS

### \*Scholar Athletes\*

#### High Honor Roll

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Emily Guido

Ashley Hemenway

Kristina Raylman

Erica Schmitt

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#### Honor Roll

Logan Burkhardt

Gabriella Conforti

Emily Dering

Noelle Englebert

Jenny Fay

Kaitlyn Grayson

Olivia Lattanzi

Sam Laubach

Emily Navarro

Sarah Possidel

**Scholar Athlete Award Winner:** \_\_\_\_\_

# SRHS RAMS GYMNASTICS

## 2014-2015

### VARSITY WIN-LOSS RECORD

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<u>Home</u>	<u>Score</u>	<u>Visitor</u>	<u>Score</u>	<u>Result</u>
Southern	95.95	Brick Mem.	104.15	L
Lacey	46.95	Southern	92.175	W
Jackson Mem.	98.775	Southern	97.75	L
Southern	95.025	Central	96.325	L
Brick Twp.	97.8	Southern	94.9	L
Southern	101.275	TR North	104.75	L
TR South	57.875	Southern	98.05	W
Southern	95.725	Pt. Boro	98.1	L
Jackson Lib.	100.5	Southern	93	L
Southern	102.325	Manchester	96.6	W
Seneca	95.1	Southern	93.3	L
TR East	86.025	Southern	96.975	W

**Average Team Score =96.371**

**SRHS GYMNASTICS**  
**Individual Meet Results**

**September 16, 2014: Southern vs. Brick Memorial**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Noelle Englebert	7.85	--
Sarah Possidel	8.25	--
Autumn Shackleton	8.3	--
Ashley Hemenway	8.5	--
Samantha Laubach	8.95	2nd

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Autumn Shackleton	7.3	--
Sarah Possidel	7.5	--
Samantha Laubach	7.75	--
Kristina Raylman	7.35	--
Ashley Hemenway	7.3	--

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Courtney Tierney	6.2	--
Kristina Raylman	5.55	--
Sarah Possidel	7.7	--
Ashley Hemenway	7.8	--
Olivia Lattanzi	6.8	--

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Courtney Tierney	7.1	--
Olivia Lattanzi	8.05	--
Samantha Laubach	7.4	--
Autumn Shackleton	8.9	2nd
Ashley Hemenway	8.35	--

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Ashley Hemenway	31.95	--

**Meet Results: Southern 95.95 Brick Mem. 104.15**

**SRHS GYMNASTICS**  
**Individual Meet Results**

**September 19, 2014: Lacey vs. Southern**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Kristina Raylman	7.95	--
Autumn Shackleton	8.15	3rd
Ashley Hemenway	8.3	2nd
Sarah Possidel	8.15	3rd
Samantha Laubach	8.45	1st

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Autumn Shackleton	6.5	3rd
Kristina Raylman	6.325	--
Olivia Lattanzi	6.65	2nd
Ashley Hemenway	7.45	1st
Samantha Laubach	7.45	1st

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Emily Neluna	5.35	--
Kristina Raylman	6.1	--
Sarah Possidel	7.475	2nd
Olivia Lattanzi	6.8	3rd
Ashley Hemenway	8.125	1st

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Courtney Tierney	6.85	--
Sarah Possidel	7.125	3rd
Erica Schmitt	6.85	--
Ashley Hemenway	7.8	2nd
Autumn Shackleton	8.4	1st

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Ashley Hemenway	31.675	1st

**Meet Results: Lacey 46.95 Southern 92.175**

**SRHS GYMNASTICS**  
**Individual Meet Results**

**September 23, 2014: Jackson Memorial vs. Southern**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Gianna Dellaperute	8.15	--
Autumn Shackleton	7.85	--
Ashley Hemenway	8.5	2nd
Sarah Possidel	8.0	--
Samantha Laubach	8.9	1st

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Sarah Possidel	7.35	--
Kristina Raylman	7.1	--
Olivia Lattanzi	7.55	--
Samantha Laubach	7.95	3rd
Ashley Hemenway	7.95	3rd

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Courtney Tierney	6.1	--
Kristina Raylman	6.1	--
Olivia Lattanzi	7.55	--
Sarah Possidel	7.65	--
Ashley Hemenway	7.9	3rd

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Sarah Possidel	8.2	--
Jenny Fay	7.25	--
Olivia Lattanzi	8.45	3rd
Samantha Laubach	8.25	--
Autumn Shackleton	8.95	2nd

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Sarah Possidel	31.2	3rd

**Meet Results: Jackson Memorial 98.775 Southern 97.75**



**SRHS GYMNASTICS**  
**Individual Meet Results**

**September 25, 2014: Southern vs. Central**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Kristina Raylman	8.075	--
Sarah Possidel	8.4	--
Autumn Shackleton	8.4	--
Ashley Hemenway	8.5	3rd
Samantha Laubach	8.95	2nd

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Sarah Possidel	6.8	--
Kristina Raylman	6.3	--
Olivia Lattanzi	6.7	--
Ashley Hemenway	7.1	--
Samantha Laubach	7.15	3rd

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Kristina Raylman	6.5	--
Autumn Shackleton	6.85	--
Sarah Possidel	7.75	3rd
Olivia Lattanzi	7.1	--
Ashley Hemenway	7.775	2nd

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Sarah Possidel	8.0	--
Olivia Lattanzi	8.05	--
Samantha Laubach	7.75	--
Ashley Hemenway	9.0	1st
Autumn Shackleton	8.45	3rd

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Sarah Possidel	30.95	--
Ashley Hemenway	32.375	2nd

**Meet Results: Southern 95.025 Central 96.325**

**SRHS GYMNASTICS**  
**Individual Meet Results**

**September 30, 2014: Brick Twp. vs. Southern**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Autumn Shackleton	8.25	--
Kristina Raylman	8.0	--
Sarah Possidel	8.05	--
Ashley Hemenway	8.65	2nd
Samantha Laubach	8.3	--

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Erica Schmitt	6.6	--
Autumn Shackleton	6.9	--
Olivia Lattanzi	7.05	--
Ashley Hemenway	7.8	2nd
Samantha Laubach	7.8	2nd

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Olivia Lattanzi	7.4	3rd
Kristina Raylman	6.35	--
Autumn Shackleton	7.55	2nd
Courtney Tierney	5.85	--
Ashley Hemenway	7.05	--

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Jenny Fay	7.8	--
Olivia Lattanzi	8.3	--
Samantha Laubach	7.2	--
Ashley Hemenway	8.4	2nd
Autumn Shackleton	8.35	3rd

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Autumn Shackleton	31.05	--
Ashley Hemenway	32.4	2nd

**Meet Results: Brick Twp. 97.8 Southern 94.9**

**SRHS GYMNASTICS**  
**Individual Meet Results**

**October 2, 2014: Southern vs. TR North**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Kristina Raylman	8.15	--
Sarah Possidel	8.55	--
Autumn Shackleton	8.625	--
Ashley Hemenway	8.55	--
Samantha Laubach	8.7	3rd

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Kristina Raylman	6.95	--
Olivia Lattanzi	7.85	--
Sarah Possidel	7.25	--
Samantha Laubach	7.9	--
Ashley Hemenway	8.0	2nd

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Emily Neluna	5.4	--
Autumn Shackleton	7.7	--
Ashley Hemenway	9.0	2nd
Olivia Lattanzi	7.65	--
Sarah Possidel	8.4	--

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Jenny Fay	7.8	--
Sarah Possidel	8.6	--
Olivia Lattanzi	8.4	--
Autumn Shackleton	8.925	--
Ashley Hemenway	9.025	--

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Sarah Possidel	32.8	--
Ashley Hemenway	34.575	1st

**Meet Results: Southern 101.275 TR North 104.75**

**SRHS GYMNASTICS**  
**Individual Meet Results**

**October 9, 2014: TR South vs. Southern**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Noelle Englebert	8.325	3rd
Gianna Dellaperute	8.05	--
Ashley Hemenway	8.625	2nd
Sarah Possidel	8.625	2nd
Autumn Shackleton	8.65	1st

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Sarah Possidel	7.1	--
Kristina Raylman	7.3	3rd
Autumn Shackleton	7.45	2nd
Olivia Lattanzi	7.125	--
Ashley Hemenway	7.95	1st

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Courtney Tierney	6.65	--
Autumn Shackleton	7.15	--
Olivia Lattanzi	7.65	--
Ashley Hemenway	8.3	1st
Sarah Possidel	8.25	2nd

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Courtney Tierney	7.35	--
Jenny Fay	7.8	--
Sarah Possidel	8.65	1st
Samantha Laubach	8.4	2nd
Olivia Lattanzi	8.2	3rd

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Sarah Possidel	32.625	1st

**Meet Results: TR South 57.875 Southern 98.05**

**SRHS GYMNASTICS**  
**Individual Meet Results**

**October 15, 2014: Southern vs. Point Boro**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Kristina Raylman	8.2	--
Ashley Hemenway	8.35	--
Sarah Possidel	8.05	--
Autumn Shackleton	8.45	--
Samantha Laubach	8.85	1st

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Erica Schmitt	6.65	--
Olivia Lattanzi	7.3	--
Autumn Shackleton	7.9	--
Samantha Laubach	7.325	3rd
Ashley Hemenway	7.15	--

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Courtney Tierney	7.25	--
Autumn Shackleton	7.05	--
Olivia Lattanzi	7.6	--
Ashley Hemenway	7.575	--
Sarah Possidel	7.325	--

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Jenny Fay	7.575	--
Samantha Laubach	8.15	--
Sarah Possidel	7.925	--
Ashley Hemenway	8.9	1st
Autumn Shackleton	8.75	2nd

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Ashley Hemenway	31.975	3rd
Autumn Shackleton	31.15	--

**Meet Results: Southern 95.725 Point Boro 98.10**

**SRHS GYMNASTICS**  
**Individual Meet Results**

**October 16, 2014: Jackson Liberty vs. Southern**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Sarah Possidel	8.0	--
Kristina Raylman	8.05	--
Ashley Hemenway	8.4	2nd
Autumn Shackleton	8.25	--
Samantha Laubach	8.2	--

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Autumn Shackleton	7.0	--
Sarah Possidel	7.0	--
Olivia Lattanzi	6.75	--
Samantha Laubach	7.3	3rd
Ashley Hemenway	7.15	--

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Kristina Raylman	5.3	--
Autumn Shackleton	6.6	--
Sarah Possidel	7.8	--
Ashley Hemenway	7.15	--
Olivia Lattanzi	7.3	--

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Megan Hill	7.45	--
Olivia Lattanzi	7.3	--
Sarah Possidel	7.9	--
Ashley Hemenway	8.55	3rd
Autumn Shackleton	8.0	--

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Ashley Hemenway	31.25	3rd
Autumn Shackleton	28.6	--
Sarah Possidel	30.7	--

**Meet Results: Jackson Liberty 100.5 Southern 93**

**SRHS GYMNASTICS**  
**Individual Meet Results**

**October 21, 2014: Southern vs. Manchester**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Gianna Dellaperute	8.1	--
Sarah Possidel	8.15	--
Autumn Shackleton	8.65	2nd
Ashley Hemenway	8.75	1st
Samantha Laubach	8.65	2nd

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Erica Schmitt	6.5	--
Sarah Possidel	7.65	--
Olivia Lattanzi	7.7	--
Samantha Laubach	7.9	2nd
Ashley Hemenway	7.8	3rd

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Courtney Tierney	6.0	--
Autumn Shackleton	6.95	--
Sarah Possidel	8.525	3rd
Olivia Lattanzi	8.55	2nd
Ashley Hemenway	9.1	1st

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Courtney Tierney	7.175	--
Megan Hill	8.15	--
Olivia Lattanzi	8.55	--
Autumn Shackleton	8.9	2nd
Ashley Hemenway	9.25	1st

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Ashley Hemenway	34.9	1st

**Meet Results: Southern 102.325 Manchester 96.6**

**SRHS GYMNASTICS**  
**Individual Meet Results**

**October 23, 2014: Seneca vs. Southern**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Noelle Englebert	8.1	--
Autumn Shackleton	8.4	2nd
Sarah Possidel	7.95	--
Ashley Hemenway	8.4	2nd
Samantha Laubach	8.2	3rd

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Autumn Shackleton	6.425	--
Sarah Possidel	6.65	--
Olivia Lattanzi	6.925	3rd
Samantha Laubach	6.4	--
Ashley Hemenway	6.5	--

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Kristin Raylman	6.775	--
Autumn Shackleton	6.125	--
Sarah Possidel	8.0	2nd
Olivia Lattanzi	7.6	--
Ashley Hemenway	7.8	3rd

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Samantha Laubach	7.55	--
Sarah Possidel	6.7	--
Olivia Lattanzi	7.8	--
Autumn Shackleton	7.975	--
Ashley Hemenway	9.05	1st

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Ashley Hemenway	31.75	2nd

**Meet Results: Seneca 95.1 Southern 93.3**



**SRHS GYMNASTICS**  
**Individual Meet Results**

**October 24, 2014: TR East vs. Southern**

<b>VAULT</b>	<b>SCORE</b>	<b>PLACE</b>
Noelle Englebert	8.35	--
Autumn Shackleton	8.55	--
Sarah Possidel	8.5	3rd
Ashley Hemenway	8.6	1st
Samantha Laubach	8.4	--

<b>BARS</b>	<b>SCORE</b>	<b>PLACE</b>
Autumn Shackleton	6.8	--
Sarah Possidel	7.25	2nd
Olivia Lattanzi	6.775	--
Samantha Laubach	7.15	3rd
Ashley Hemenway	7.4	1st

<b>BEAM</b>	<b>SCORE</b>	<b>PLACE</b>
Emily Guido	5.2	--
Kristina Raylman	7.0	--
Sarah Possidel	8.125	2nd
Olivia Lattanzi	8.2	1st
Ashley Hemenway	7.8	3rd

<b>FLOOR</b>	<b>SCORE</b>	<b>PLACE</b>
Courtney Tierney	7.15	--
Jenny Fay	7.35	--
Autumn Shackleton	8.45	2nd
Olivia Lattanzi	8.225	3rd
Ashley Hemenway	8.725	1st

<b>ALL-AROUND</b>	<b>SCORE</b>	<b>PLACE</b>
Ashley Hemenway	32.525	1st

**Meet Results: TR East 86.025 Southern 96.975**

**SRHS GYMNASTICS**  
**Individual Meet Results**  
**October 19, 2014: \*Maureen Sutphen Classic\***

**VAULT:**

Gianna Dellaperute	8.3
Jenny Fay	8.0
Kristina Raylman	8.05

**BARS:**

Kristina Raylman	7.2 (9 <sup>th</sup> )
Erica Schmitt	7.4 (7 <sup>th</sup> )

**BEAM:**

Logan Burkhardt	5.8
Catherine Chirichillo	4.0
Emily Guido	5.6
Olivia Lattanzi	7.5 (8 <sup>th</sup> )
Emily Navarro	5.3
Emily Neluna	5.8
Alissa Parker	3.4
Courtney Tierney	6.5

**FLOOR:**

Catherine Chirichillo	6.2
Logan Burkhardt	6.15
Olivia Lattanzi	8.55 (1 <sup>st</sup> )
Marissa Maw	7.95
Erica Schmitt	7.6
Gianna Dellaperute	7.75
Jenny Fay	8.1 (9 <sup>th</sup> )
Emily Navarro	6.65
Courtney Tierney	7.75

**\$250 Scholarship Winners**

Megan Hill  
Courtney Tierney

# SRHS RAMS GYMNASTICS

## Individual Awards and Special Recognition

### Seniors

Megan Hill  
Courtney Tierney

### Captain

Courtney Tierney

### Shore Conference Qualifiers

Ashley Hemenway (vault, beam, floor)  
Samantha Laubach (vault)  
Sarah Possidel (beam, floor)  
Autumn Shackleton (vault, floor)

### State Sectional Qualifiers

Ashley Hemenway (all-around)  
Olivia Lattanzi (beam)  
Samantha Laubach (vault, bars)  
Sarah Possidel (vault, beam, floor)  
Autumn Shackleton (vault, floor)

### State Sectional Team Participants

Noelle Englebert  
Ashley Hemenway (8<sup>th</sup> floor)  
Olivia Lattanzi  
Sarah Possidel  
Erica Schmitt  
Autumn Shackleton  
Courtney Tierney

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### **A Special Thank You To Our Gymnastics Family**

The theme of this year's season was "BELIEVE". The girls began the season with some veterans recovering from injuries and some new comers who were forced to step up and play a critical role. All of the gymnasts were able to believe in themselves and each other, and the team accomplished some awesome goals this season. Our average team score improved by over two points, and the girls broke 100 at two meets! These outstanding scores qualified the Rams for the team competition at State Sectionals. In addition, the team saw three more athletes qualify for post-season for a total of six gymnasts moving on into November.

As coaches, we were filled with pride at the efforts of all of these young ladies this season. Our team has grown in numbers, talent, effort, and the willingness to "believe." We would like to sincerely thank the parents for all of your support and the character guidance you have provided to these young athletes. It is clear that they all come from a place of confidence, love, and determination, and these are the keys to their success individually and as a team.

