

Southern Boys Track

April 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	1 Off	2 Practice 2:30 – 5:15 MS MEET	3 Dual Meet Jackson (Away)	4 Practice 2:30 – 5:15	5 Practice 2:30 – 5:15	6 Practice TBA Spring Break	7 Practice TBA Spring Break
6	8 Easter Spring Break	9 Practice TBA Spring Break	10 Practice TBA Spring Break	11 Dual Meet TRE & BM (Home) Spring Break	12 Practice TBA Spring Break	13 Practice TBA Spring Break	14 Colts Neck Relays (Colts Neck)
7	15 Off	16 Practice 2:30 – 5:15	17 Dual Meet TRN (TRN)	18 Practice 2:30 – 5:15	19 Practice 2:30 – 5:15 Senior Trip	20 Practice 2:30 – 5:15 Senior Trip	21 Practice 2:30 – 5:15 Senior Trip
8	22 Off Senior Trip	23 Practice 2:30 – 5:15 Senior Trip	24 Dual Meet TRS (Home) 11:50 Dismissal	25 Practice 2:30 – 5:15	26 Practice 2:30 – 5:15	27 PENN RELAYS Practice TBA	28 PENN RELAYS & LION INVITE (Middletown North)

Southern Boys Track

May 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29 (Apr)	30 (Apr)	1	2	3	4	5
9		Practice 2:30 – 5:15 MS MEET	Practice 2:30 – 5:15	Practice 2:30 – 5:15	Practice 2:30 – 5:15 MS MEET Holmdel 3200's	Ocean County Relays (Southern)	Practice TBA SAT I & SAT II
10	6	7 Practice 2:30 – 5:15	8 Practice 2:30 – 5:15	9 Practice 2:30 – 5:15	10 Ocean County Championships (Jackson Lib?)	11 Practice 2:30 – 5:15	12 Ocean County Championships (Jackson Lib?) Jr. Prom
11	13	14 Middle School meet of Champions	15 Practice 2:30 – 5:15	16 Practice 2:30 – 5:15	17 Practice 2:30 – 5:15 Holmdel Miles	18 Shore Conference (Neptune?)	19 Shore Conference (Neptune?)
12	20	21 Practice 12:00 – ??? 11:50 Dismissal	22 Practice 2:30 – 5:15 Frosh/Novice @ Central HS	23 Practice 2:30 – 5:15	24 Practice 2:30 – 5:15	25 State Sectional (EHT)	26 State Sectional (EHT)
13	27	28 Practice TBA Memorial Day	29 Practice 2:30 – 5:15	30 Practice 2:30 – 5:15 Holmdel Miles	31 Practice 2:30 – 5:15	1 (June) State Groups (Old Bridge)	2 (June) State Groups (Old Bridge) SAT I & SAT II Sr. Prom

Southern Boys Track

June 2012

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	27 (May)	28 (May)	29 (May)	30 (May)	31 (May)	1	2
13		Practice TBA Memorial Day	Practice 2:30 – 5:15	Practice 2:30 – 5:15 Holmdel Miles	Practice 2:30 – 5:15	State Groups (Old Bridge)	State Groups (Old Bridge) SAT I & SAT II Sr. Prom
	3	4	5	6	7	8	9
14		Practice 2:30 – 5:15	Practice 2:30 – 5:15	Practice 2:30 – 5:15	Meet of Champions (Old Bridge)		
	10	11	12	13	14	15	16
		Winter & Spring Track Banquet (Paul King Park) Noon					
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
1		Cross Country Practice First Day 7:00am – 9:00am		Cross Country 7:00am – 9:00am		Cross Country Practice First Day 7:00am – 9:00am	

