

2019 GIRLS SPRING TRACK SCHEDULE

MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7	8	9
	1ST DAY OF PRACTICE 245pm	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 9am to 11am
10	11	12	13	14	15	16
	practice 245pm to 5 pm	practice 245pm to 5 pm WINTER SEASON BANQUET 530-645	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 9am to 11am
17	18	19	20	21	22	23
	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 9am to 11am
24	25	26	27	28	29	30
	practice 245pm to 5 pm	practice 245pm to 5 pm PARENTS NIGHT 6-7PM (TENTATIVE)	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 9am to 11am

2019 GIRLS SPRING TRACK SCHEDULE

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 practice 245pm to 5 pm	2 <u>'vs Brick Mem and TR East @ East</u>	3 practice 245pm to 5 pm	4 practice 245pm to 5 pm	5 Rebel Relays (Frosh-Soph only)	6 OFF
7	8 practice 245pm to 5 pm	9 <u>vs Jackson Memorial (home)</u>	10 practice 245pm to 5 pm	11 practice 245pm to 5 pm	12 practice 245pm to 5 pm or <u>Jackson Liberty JV Meet</u>	13 <u>LENAPE GIRLS INVITATIONAL (MOSTLY VARSITY ONLY)(AT LENAPE HS)</u>
14	15 practice 12-2pm	16 <u>vs Central and Toms River North @home</u>	17 practice 245pm to 5 pm	18 practice 245pm to 5 pm	19 OFF	20 OFF
21	20 OFF	23 practice 9-11am	24 practice 9-11am	25 <u>PENN RELAYS</u>	26 practice 9-11am	27 <u>LION INVITATIONAL (VARSITY PLUS SOME FROSH AND JV RUNNING EVENTS)</u>

2019 GIRLS SPRING TRACK SCHEDULE

MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1	2	3	4
	VS <u>Brick Twp</u> with <u>TOMS</u> <u>RIVER SOUTH</u> <u>@SOUTH</u> (tentative)	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	<u>OCEAN COUNTY</u> <u>RELAYS</u> MOSTLY VARSITY, BUT SOME JV RUNNING RELAYS	OFF
5	6	7	8	9	10	11
	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	<u>OC CHAMPS</u> DAY 1 (VARSITY +JV)	practice 245pm to 5 pm	<u>OC CHAMPS</u> DAY 2 (VARSITY +JV)
12	13	14	15	16	17	18
	practice 245pm to 5 pm	practice 245pm to 5 pm	<u>SHORE CHAMPS</u> (TOP 3 VARSITY ONLY)	practice 245pm to 5 pm	practice 245pm to 5 pm or <u>Jax JV Series (fresh/jv</u> <u>only)</u>	OFF
19	20	21	22	23	24	25
	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	<u>SOUTH JERSEY</u> <u>GROUP 4 CHAMPS</u> DAY 1 (TOP 3 VARSITY ONLY)	<u>SOUTH JERSEY</u> <u>GROUP 4 CHAMPS</u> DAY 2 (TOP 3 VARSITY ONLY)

2019 GIRLS SPRING TRACK SCHEDULE

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
	OFF	practice 245pm to 5 pm	practice 245pm to 5 pm	practice 245pm to 5 pm	<u>GROUP 4</u> <u>CHAMPIONSHIPS</u> DAY 1 (QUALIFIERS ONLY)	<u>GROUP 4</u> <u>CHAMPIONSHIPS</u> DAY 2 (QUALIFIERS ONLY)
2	3	4	5	6	7	8
	PRACTICE FOR MOC QUALIFIERS ONLY	PRACTICE FOR MOC QUALIFIERS ONLY	PRACTICE FOR MOC QUALIFIERS ONLY	PRACTICE FOR MOC QUALIFIERS ONLY	PRACTICE FOR MOC QUALIFIERS ONLY	<u>NEW JERSEY STATE</u> <u>MEET OF</u> <u>CHAMPIONS</u> (QUALIFIERS ONLY)
9	10	11	12	13	14	15
16	17	18	19	20	21	22